

SPECTACLES OR CONTACT LENSES



MAKE AN INFORMED SELECTION THAT WORKS FOR YOU

"How do you make the selection when your medical aid will pay
EITHER Spectacles
OR Contact lenses

Some members do not have the choice; they can only wear contact lenses. Members may have a clinical condition where they can only wear contact lenses (keratoconus). Majority of members can wear spectacles and your scheme will fund standard spectacles which will last you up to 24 months. The scheme provides a contribution towards the cost of your contact lenses.



SPECTACLES

Spectacles require very little cleaning and maintenance, you don't need to touch your eyes to wear them (decreasing your risk for eye infections), and glasses are cheaper than contact lenses in the long run since they don't need to be replaced as often

OR

CONTACT LENSES

Contact lenses offer no condensation problems, rests on your cornea which gives you uninterrupted vision and impacts how you see the world, it does not impose on your style and it rarely get lost.

For most members, it is a personal choice to try or elect to wear contact lenses permanently. Whether you just don't like spectacles, don't like the weight of the spectacles or constantly break or lose your spectacles.

The suggestion however would be to wear spectacles to correct your vision on a more permanent basis and fund this using your medical aid. Occasionally wear contact lenses if you do not need them permanently.

At the end of the day you will also require spectacles to give your eyes a break from wearing contact lenses, but you may occasionally want contact lenses when you do sports or participate in activities.

Discuss pricing options with your network provider and make an upfront and informed decision.



To find your nearest network optometrist visit www.ppn.co.za