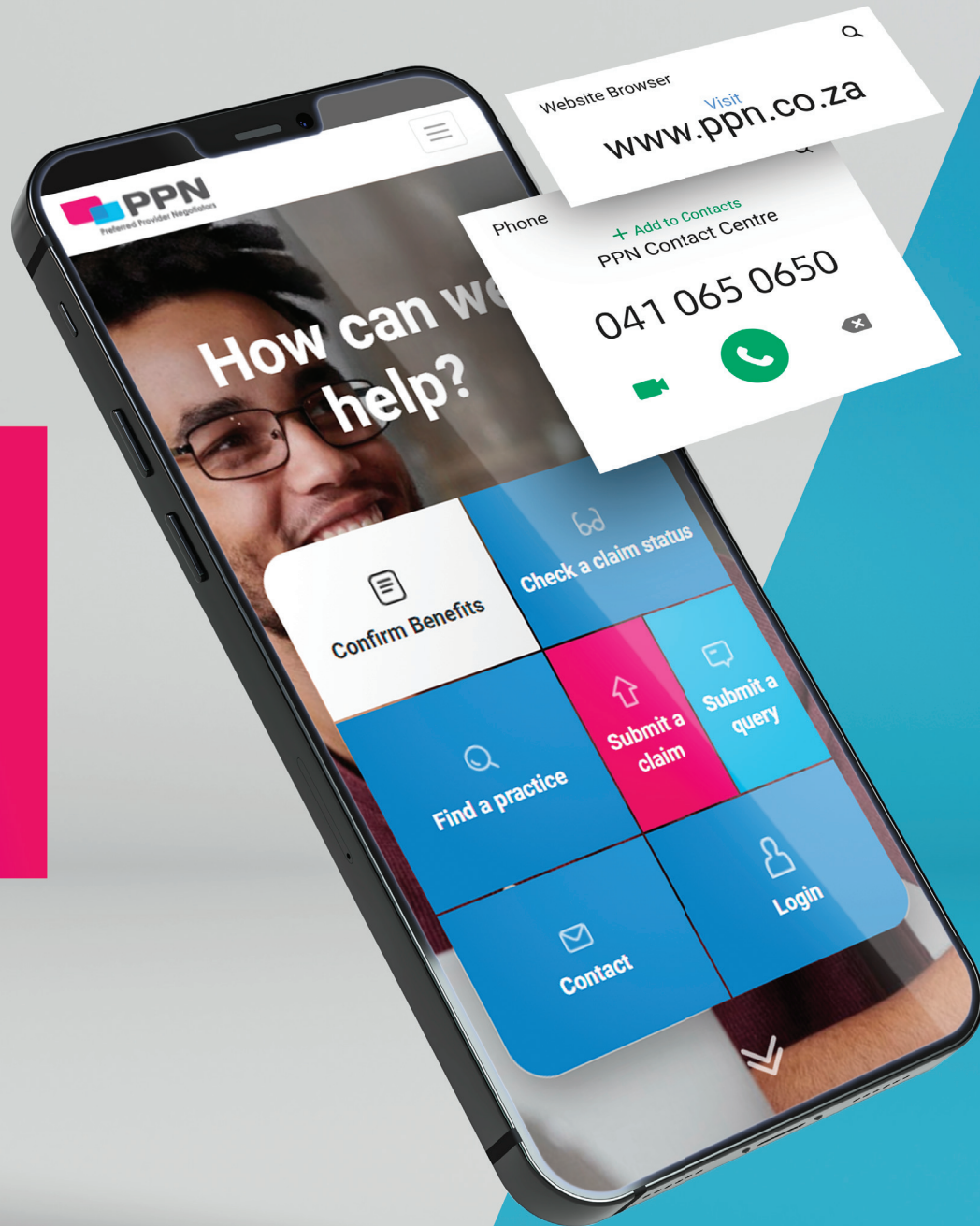




Introducing The PPN Self-help Solution

- ✓ Available 24 / 7
- ✓ Automated Call Centre
- ✓ Accessable Online
- ✓ Confirm Your Optical Benefit
- ✓ Check Your Claim Status
- ✓ Find The Nearest Practice

What you will need

- Main Member ID No.
- Medical Aid No.
- Email Address
- Mobile No.
- Dependant Date of Birth
- Date of Claim / Service

To speak to an agent when phoning in, select "Member" and then Option 3

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